

UD Early Bird Co-Ed Invitational
A.Y. McDonald Indoor Track - University of Dubuque
Dubuque, Iowa - 3/3/2020
Results

Girls 55 Meter Dash Varsity

Name	Year	School	Finals	H#	Points
Finals					
1 Janyla Hoskins	12	Dubuque Hempstead	7.43	8	10
2 Miracle Ailes	11	Keokuk	7.51	8	8
3 Chana Northrup	12	Linn Mar	7.56	8	6
4 Mary Gustason	10	Linn Mar	7.58	8	5
5 Sammy Recker	10	Western Dubuque	7.71	7	4
6 Colleen Klostermann	11	Central DeWitt	7.79	8	3
7 Stephanie Nuro-Gyina	9	Iowa City West	7.84	6	2
8 Natasha Freiburger	10	Dubuque Hemp	7.85	6	1
9 Cali Minkie	11	Dakota	7.87	4	
10 Adeline Bowman	11	Maquoketa	7.89	7	
11 Ella Schindler	11	Western Dubuque	7.90	6	
12 Elizabeth Davis	12	Iowa City-Li	7.92	7	7.911
12 Emma Hilkin	10	Dubuque Hempstead	7.92	8	7.911
14 Tremeice Carter	10	Iowa City West	7.93	8	
15 Kaliyah Johnson	11	Dubuque Senior	7.97	1	7.965
16 Rhema Saddler	9	Pleasant Valley	7.97	6	7.969
17 Emily Klein	10	Dubuque Hemp	7.98	5	
18 Tahlicia Bailey	12	Clinton	8.04	7	
19 Erika Brokovich	9	Cedar Rapids	8.05	2	
20 Mallory Feldmann	9	Western Dubuque JV	8.07	5	8.062
21 Kelsie Minkie	10	Dakota	8.07	3	8.070
22 Maddie Goodman	12	Western Dubuque	8.10	7	
23 Megan Hill	11	Clinton	8.11	5	8.106
24 Megan Sautter	9	Western Dubuque JV	8.11	6	8.110
25 Megan Hammerand	12	Dubuque Hempstead	8.14	7	
26 Carlee Traywick	11	Cedar Rapids	8.15	2	
27 Kaylyn Field	12	Dakota	8.19	3	
28 Kasey Shanahan	11	Linn MarJV	8.20	4	
29 Tarah Wehde	12	Camanche	8.21	5	
30 Keeley Jansen	10	Central DeWitt	8.24	4	
31 Sandra Furaha	11	Cedar Rapids	8.25	7	
32 Larkin Houzenga	11	Clinton	8.28	4	
33 Lexi O'Mara	12	Dubuque Hemp	8.29	7	
34 Allison Malone	9	Pleasant Valley	8.30	4	
35 Tiana Stokes	12	Keokuk	8.32	5	
36 Taylor Brunson	9	Linn MarJV	8.33	5	
37 Alexa Hubler	10	Linn MarJV	8.34	5	8.334
38 Carolyn Pickup	12	Maquoketa	8.34	6	8.338
39 Sam McPherson	12	Iowa City-Li	8.36	6	
40 Dasana Moore	12	Camanche	8.37	4	
41 Monet Barnhouse	11	Solon	8.40	4	
42 Berlyn O'Connor	9	Regina	8.46	2	
43 Pendeza Budederi	11	Cedar Rapids	8.52	1	
44 Princess Brown	11	Linn Mar	8.61	3	8.601
45 Anna Haverland	9	Western Dubuque JV	8.61	3	8.604
46 Jada Murphy	12	Iowa City-Li	8.64	2	

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47 Inikka Dalton	10 Iowa City West	8.68	6	8.673
48 Alexa Hupfeld	10 Solon	8.68	4	8.676
49 Cassidy Schlimmer	12 Central DeWitt	8.75	3	
50 Rubie Blinkinsop	10 Camanche	8.78	3	
51 Kayla Winders	11 Dubuque Senior	8.79	2	
52 Courtney Kessler	9 Regina	8.82	2	
53 Malia Sims	9 Maquoketa	8.83	5	
54 Cindy Liu	11 Regina	8.91	2	
55 Carly Ellison	10 Solon	9.01	3	9.002
56 Caroline Corcoran	9 Pleasant Valley	9.01	3	9.007

Girls 800 Meter Run Varsity

Name	Year	School	Finals	H#	Points
1 Lilly Geelan	11	Linn Mar	2:31.75	3	10
2 Meghan O'Neill	10	Solon	2:41.49	2	8
3 Annie Schwartz	9	Iowa City West	2:41.80	3	6
4 Beth Jaeger	10	Iowa City-Li	2:43.64	3	5
5 Carissaa Stockel	9	Dubuque Hemp	2:50.23	2	4
6 Kaisa Whittaker	11	Iowa City West	2:51.17	3	3
7 Trinity Kessler	10	Dubuque Hempstead	2:54.19	3	2
8 Gabby Kaiser	9	Western Dubuque	2:54.26	2	1
9 Cali Rampton	11	Dubuque Senior	2:56.40	1	
10 Alexa Hall	9	Pleasant Valley	2:56.58	1	
11 Jasmine Ortega	10	Iowa City West	2:57.33	3	
12 Adriana Brandis	9	Cedar Rapids	2:57.81	1	
13 Sophia Dallal	9	Dubuque Hempstead	2:59.90	2	
14 Ella Gunn	9	Dubuque Senior	3:00.10	3	
15 Paige Wiebke	11	Cedar Rapids	3:01.10	2	
16 Samantha Birkett	11	Dubuque Hemp	3:01.84	2	
17 Emi Deutmeyer	9	Western Dubuque JV	3:02.54	1	
18 Maddie Hamborg	11	Pleasant Valley	3:02.62	2	
19 Kinsley Tyce	10	Keokuk	3:03.88	3	
20 Kaedyn Schutte	11	Clinton	3:04.05	1	
21 Mik Langenburg	9	Solon	3:04.13	1	
22 Kylie Nauman	9	Western Dubuque JV	3:04.33	1	
23 Kate Milder	11	Regina	3:04.50	2	
24 Sydney Miller	12	Maquoketa	3:04.68	2	
25 Kamilla Jacobo	10	Camanche	3:07.93	2	
26 Harley Eye	10	Maquoketa	3:13.21	2	
27 Karissa Vincent	10	Dakota	3:21.56	1	
28 Claire Bennett	11	Dubuque Hemp	3:39.27	1	

Girls 1500 Meter Run Varsity

Name	Year	School	Finals	H#	Points
1 Claire Edmonson	12	Dubuque Senior	4:58.57	2	10

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2	Camille Mac	11	Iowa City-Li	5:03.27	2	8
3	Izzy Gorton	11	Dubuque Senior	5:09.15	2	6
4	Sarah Murphy	11	Linn Mar	5:11.36	2	5
5	Chloe Skidmore	11	Linn Mar	5:15.93	2	4
6	Brooke O'Brien	9	Dubuque Hempstead	5:24.16	2	3
7	Jordyn Beck	9	Linn MarJV	5:34.24	2	2
8	Minou Emmad	9	Iowa City West	5:34.96	2	1
9	Erica Buettner	11	Iowa City West	5:36.04	2	
10	Josie Voss	10	Regina	5:36.50	2	
11	Annalee Bartels	11	Regina	5:36.70	2	
12	Mary Fiala	9	Solon	5:43.02	2	
13	Hannah Payne	12	Central DeWitt	5:52.85	1	
14	Markee Low	12	Camanche	5:54.19	1	
15	Malia Taylor	9	Iowa City-Li	5:58.88	1	
16	Kyleen Irwin	12	Central DeWitt	5:59.50	2	
17	Riley Asselin	9	Pleasant Valley	6:00.85	1	
18	Trinity Kessler	10	Dubuque Hemp	6:00.86	1	
19	Espy Ruiz	10	Dakota	6:01.57	1	
20	Katrina Truitt	11	Cedar Rapids	6:12.95	1	
21	Elizabeth Barraso	11	Cedar Rapids	6:16.42	1	
22	Sydney Miller	12	Maquoketa	6:22.25	2	
23	Morgan Miller	11	Pleasant Valley	6:23.15	1	
24	Vivianna Ramiriz	11	Clinton	6:32.50	1	
25	Harley Eye	10	Maquoketa	6:32.74	1	
26	Alison Liszka	10	Dakota	6:40.50	1	
27	Emily Manemann	11	Clinton	6:57.20	1	

Girls 3000 Meter Run Varsity

Name	Year	School	Finals	Points
1	Ashlyn Keeney	10	Iowa City-Li	10:46.82 10
2	Lilly Schmidt	11	Dubuque Senior	10:48.55 8
3	Hannah Brown	12	Dubuque Hempstead	11:18.42 6
4	Lauren Klein	11	Western Dubuque	11:44.60 5
5	Emma Kearney	11	Iowa City West	11:53.47 4
6	Maddy Negley	11	Iowa City West	12:06.38 3
7	Lily Brown	10	Cedar Rapids	13:53.81 2
8	Alex Spies	10	Regina	15:05.29 1
9	Ally Greving	10	Regina	15:07.93
--	Mckenzie Logan	11	Iowa City-Li	DQ

Girls 55 Meter Hurdles Varsity

Name	Year	School	Finals	H#	Points
1	Taylor Cannon	12	Iowa City-Li	8.66	5 10
2	Ella Woods	10	Iowa City West	9.02	5 8
3	Osnaika Augustin	12	Cedar Rapids	9.52	1 6

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4	Hebah War	9 Iowa City West	9.63	5	5
5	Elizabeth Davis	12 Iowa City-Li	9.73	5	4
6	Amy Liao	11 Iowa City West	9.81	5	3
7	Peyton Sands	12 Solon	9.84	5	2
8	Desiree McDonald	9 Cedar Rapids	9.88	1	1 9.873
9	Sophia Stahle	9 Solon	9.88	4	9.877
10	Ava Kwak	10 Pleasant Valley	9.89	4	
11	Jada Buffington	10 Solon	10.02	5	
12	Gretchen Gehrls	12 Linn Mar	10.32	4	
13	Gillian Jaeger	10 Dubuque Hempstead	10.39	3	
14	Mariah Clay	11 Dubuque Senior	10.44	4	
15	Cecelia Fierce	10 Pleasant Valley	10.45	4	
16	Lanee Comer	11 Cedar Rapids	10.48	3	
17	Greta Greenley	10 Clinton	10.51	4	
18	Alivia Myhre	10 Keokuk	10.53	5	
19	Dazzia Caston-Gonzalez	11 Iowa City-Li	10.72	1	
20	Arriana Bailey	10 Cedar Rapids	10.79	1	
21	Sophie Wilbanks	12 Linn Mar	10.80	3	
22	Ali Edmonds	10 Dubuque Senior	10.85	1	
23	Emma Milder	10 Clinton	10.93	3	
24	Madison Larsen	9 Cedar Rapids	11.05	1	
25	Kylie May	9 Cedar Rapids	11.13	2	
26	Claire Lahey	10 Dubuque Hempstead	11.27	3	
27	Maddy Welbes	9 Western Dubuque	11.29	4	
28	Kayle Tegeler	9 Western Dubuque	11.34	4	
29	Ella Blinkinsop	9 Camanche	11.38	2	
30	Tera Thompson	10 Linn Mar	11.59	2	
31	Destiny Lamma	9 Keokuk	11.65	3	
32	Erika Wagner	10 Linn MarJV	12.00	2	
33	Camryn Saxon	10 Camanche	12.15	2	
34	Ava Tuchel	9 Linn MarJV	12.35	2	
35	Grace Nauman	9 Camanche	12.68	2	
36	Emily Tillander	12 Linn MarJV	12.95	2	

Girls 4x200 Meter Relay Varsity

School	Finals	H#	Points
1 Linn Mar	1:49.55	4	10
1) Mary Gustason 10			
2) Leah Gorsich 11			
3) Anna Huggins 12			
4) Dimia Burrell 12			
2 Linn MarJV	1:52.04	4	8
1) Gennah Sanchez 12			
2) Lauren Gorsich 11			
3) Emily Schmidt 10			
4) Chana Northrup 12			
3 Solon	1:52.49	4	6
1) Khaylor Fleck 12			
2) Gabbi Bullard 12			
3) Ellie Wolff 9			
4) Makinley Levin 10			
4 Cedar Rapids Jefferson	1:52.65	1	5
1) Rachel Nagel 12			
2) Osnaika Augustin 12			

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3) Sandra Furaha 11	4) Rose Jean 11			
5 Dubuque Hempstead		1:53.72	4	4
1) Janyla Hoskins 12	2) Emalee Ryder 12			
3) Emma Hilkin 10	4) Megan Hammerand 12			
6 Western Dubuque		1:54.51	3	3
1) Meredith Bahl 10	2) Natalie Ulrichs 10			
3) Sammy Recker 10	4) Caylee Hermsen 12			
7 Dakota		1:54.75	4	2
1) Cali Minkie 11	2) Kelsie Minkie 10			
3) Kaylyn Field 12	4) Casey Besse 12			
8 Iowa City West		1:54.97	4	1
1) Mia Dillingham 12	2) Celestina Nuro-Gyina 10			
3) Claire Loussaert 10	4) Favour Alarape 11			
9 Iowa City-Liberty High		1:56.31	3	
1) Elizabeth Davis 12	2) Chaise Lange 11			
3) Christella Luyeye 11	4) Taylor Cannon 12			
10 Central DeWitt		1:57.21	3	
1) Colleen Klostermann 11	2) Morgan Machovec 11			
3) Ava Morris 10	4) Savannah Meyne 11			
11 Dubuque Senior		1:58.03	3	
1) Jayda Gooch 10	2) Lucie Lambe 10			
3) Kenya Sutton 10	4) Aliyah Johnson 10			
12 Western Dubuque JV		1:58.05	2	
1) Natalie Meyers 10	2) Ella Schindler 11			
3) Erica Ernzen 9	4) Maddie Goodman 12			
13 Clinton		1:58.42	2	
1) Megan Hill 11	2) Greta Greenley 10			
3) Bailey Wing 12	4) Tahlicia Bailey 12			
14 Dubuque Hempstead JV		1:58.44	3	
1) Laney Herman 12	2) Natasha Freiburger 10			
3) Micki Blean 12	4) Lexi O'Mara 12			
15 Camanche		2:00.70	2	
1) Dasana Moore 12	2) Emy Seeser 11			
3) Maci Sloane 11	4) Tarah Wehde 12			
16 Pleasant Valley		2:01.11	1	
1) Lily Bateman 10	2) Sydney Walker 10			
3) Julia Houghton 11	4) Lexi Horaney 12			
17 Maquoketa		2:02.84	2	
1) Adeline Bowman 11	2) Marlie Lemke 9			
3) Malia Sims 9	4) Carolyn Pickup 12			
18 Regina		2:03.25	3	
1) Hope Simpson 10	2) Courtney Kessler 9			
3) Baylee O'Connor 11	4) Annie Gahan 11			
19 Keokuk		2:05.54	2	
1) Lindsey Campbell 11	2) Alivia Myhre 10			
3) Tiana Stokes 12	4) Miracle Ailes 11			
20 Cedar Rapids Jefferson JV		2:07.36	1	
1) Nahya Michel 10	2) Pacience Dixon 10			
3) Arriana Bailey 10	4) Tamaurea Williams 10			

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Girls 4x400 Meter Relay Varsity

School	Finals	H#	Points
1 Linn Mar	4:09.15	3	10
1) Dimia Burrell 12	2) Leah Gorsich 11		
3) Emily Schmidt 10	4) Lily Haars 10		
2 Solon	4:09.79	3	8
1) Kaia Holtkamp 10	2) Makinley Levin 10		
3) Gabbi Bullard 12	4) Emma Bock 10		
3 Linn MarJV	4:22.43	3	6
1) Gennah Sanchez 12	2) Ameriz Nielsen 9		
3) Lauren Gorsich 11	4) Anna Huggins 12		
4 Western Dubuque	4:24.02	3	5
1) Natalie Ulrichs 10	2) Elly Burds 11		
3) Caylee Hermsen 12	4) Meredith Bahl 10		
5 Central DeWitt	4:25.26	2	4
1) Crystal Burke 12	2) Carly Small 12		
3) Savannah Meyne 11	4) Mason Lange 10		
6 Iowa City West	4:25.93	3	3
1) Annie Schwartz 9	2) Ella Woods 10		
3) Camden Zirker 10	4) Amy Liao 11		
7 Cedar Rapids Jefferson	4:29.37	1	2
1) Rachel Nagel 12	2) Sandra Furaha 11		
3) Rose Jean 11	4) Osnaika Augustin 12		
8 Dubuque Hempstead	4:29.41	3	1
1) Kaylee Leicht 12	2) Ella Heim 11		
3) Grace Becker 11	4) Micki Blean 12		
9 Dubuque Senior	4:32.33	2	
1) Izzy Gorton 11	2) Lilly Balayti 10		
3) Josie Stackis 12	4) Claire Edmonson 12		
10 Western Dubuque JV	4:37.57	1	
1) Sammy Recker 10	2) Taylor Freiburger 10		
3) Natalie Meyers 10	4) Mallory Feldmann 9		
11 Clinton	4:46.12	1	
1) Francesca Mascagni 11	2) Kaylie DeSwart 12		
3) Emma Milder 10	4) Tahlicia Bailey 12		
12 Regina	4:49.16	2	
1) Mya Whitaker 9	2) Hope Simpson 10		
3) Abby Clark 11	4) Annie Gahan 11		
13 Dubuque Hempstead JV	4:49.51	2	
1) Claire Lahey 10	2) Laney Breiner 10		
3) Gillian Jaeger 10	4) Natalie Schlichte 9		
14 Pleasant Valley	4:56.06	2	
1) Olivia Brown 10	2) Katie Garner 12		
3) Cecelia Fierce 10	4) Maria Vaaler 12		
15 Camanche	5:00.24	1	
1) Maci Sloane 11	2) Grace Nauman 9		
3) Bridgette Hundley 10	4) Markee Low 12		
16 Maquoketa	5:03.99	1	
1) Carolyn Pickup 12	2) Marlie Lemke 9		

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- | | | |
|---------------------------|-----------------------|------|
| 3) Harley Eye 10 | 4) Sydney Miller 12 | |
| -- Iowa City-Liberty High | | DQ 2 |
| 1) Laura Pitkin 9 | 2) Elizabeth Davis 12 | |
| 3) Christella Luyeye 11 | 4) Chaise Lange 11 | |

Girls 4x800 Meter Relay Varsity

School	Finals	Points
1 Linn Mar	9:47.44	10
1) Lilly Geelan 11	2) Micah Poellet 11	
3) Chloe Skidmore 11	4) Lily Haars 10	
2 Iowa City-Liberty High	10:17.18	8
1) Camille Mac 11	2) Beth Jaeger 10	
3) Mckenzie Logan 11	4) Ashlyn Keeney 10	
3 Dubuque Hempstead	10:20.09	6
1) Kaylee Leicht 12	2) Audrey Franklin 11	
3) Shaelyn Hostager 12	4) Hannah Brown 12	
4 Central DeWitt	10:30.32	5
1) Crystal Burke 12	2) Carly Small 12	
3) Mason Lange 10	4) Hannah Payne 12	
5 Solon	10:37.75	4
1) Kaia Holtkamp 10	2) Kiersten Conway 11	
3) Meghan O'Neill 10	4) Annika Kruse 10	
6 Iowa City West	10:38.39	3
1) Minou Emmad 9	2) Vicki Carrica 9	
3) Camden Zirker 10	4) Erica Buettner 11	
7 Western Dubuque	10:54.35	2
1) Lauren Klein 11	2) Maddy Welbes 9	
3) Gabby Kaiser 9	4) Elly Burds 11	
8 Dubuque Senior	11:02.47	1
1) Katelin Miron 12	2) Lilly Balayti 10	
3) Elyza Hoffman 11	4) Josie Stackis 12	
9 Dubuque Hempstead JV	11:03.70	
1) Natalie Schlichte 9	2) Maddie Digman 9	
3) Sophia Dallal 9	4) Brooke O'Brien 9	
10 Regina	11:24.91	
1) Mya Whitaker 9	2) Josie Voss 10	
3) Kate Milder 11	4) Annalee Bartels 11	
11 Pleasant Valley	11:27.79	
1) Ava Sorgenfrey 12	2) Claire Fields 12	
3) Khushi Mehta 9	4) Molly Rawat 10	
12 Clinton	11:31.24	
1) Francesca Mascagni 11	2) Molly Shannon 11	
3) Kaylie DeSwart 12	4) Avery Dohrn 9	
13 Cedar Rapids Jefferson	11:57.67	
1) Katrina Truitt 11	2) Elizabeth Barraso 11	
3) Paige Wiebke 11	4) Adriana Brandis 9	
14 Dakota	12:24.51	



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- | | |
|-----------------------|---------------------|
| 1) Karissa Vincent 10 | 2) Espy Ruiz 10 |
| 3) Emma May 10 | 4) Alison Liszka 10 |

Girls High Jump Varsity

Name	Year School	Finals	Points
1 Miracle Ailes	11 Keokuk	5-06.00	10
2 Sara Hoskins	12 Pleasant Valley	5-04.00	8
3 Lucie Lambe	10 Dubuque Senior	5-00.00	6
4 Meredith Bahl	10 Western Dubuque	J5-00.00	5
5 Kaia Holtkamp	10 Solon	4-10.00	3.50
5 Emy Seeser	11 Camanche	4-10.00	3.50
7 Brook Pladsen	10 Linn Mar	J4-10.00	2
8 Lindsay Ginger	11 Linn MarJV	J4-10.00	1
9 Jordyn Drish	9 Pleasant Valley	4-08.00	
9 Bailey Wing	12 Clinton	4-08.00	
9 Haley Hartshorne	11 Linn MarJV	4-08.00	
9 Olivia Lewis	9 Dubuque Hempstead	4-08.00	
9 Keeshana Crowder	9 Dubuque Hempstead	4-08.00	
9 Katy Hand	9 Linn Mar	4-08.00	
9 Skyler Presler	12 Linn Mar	4-08.00	
16 Camryn Saxon	10 Camanche	4-06.00	
17 Lauren Presler	9 Linn MarJV	4-04.00	
17 Paige Albright	9 Iowa City West	4-04.00	
17 Favour Alarape	11 Iowa City West	4-04.00	
20 Bernice Ishimwe	10 Iowa City-Li	4-00.00	
-- Destiny Lamma	9 Keokuk	NH	
-- Beth Jaeger	10 Iowa City-Li	NH	

Girls Long Jump Varsity

Name	Year School	Finals	Points
1 Miracle Ailes	11 Keokuk	17-05.00	10
2 Dimia Burrell	12 Linn Mar	17-01.00	8
3 Makinley Levin	10 Solon	16-04.00	6
4 Cali Minkie	11 Dakota	16-01.00	5
5 Laura Pitkin	9 Iowa City-Li	16-00.00	4
6 Kaylyn Field	12 Dakota	15-11.00	3
7 Khaylor Fleck	12 Solon	15-08.00	2
8 Morgan Machovec	11 Central DeWitt	15-05.00	1
9 Favour Alarape	11 Iowa City West	15-04.00	
10 Emalee Ryder	12 Dubuque Hempstead	15-01.00	
11 Taylor Cannon	12 Iowa City-Li	14-09.00	
12 Ella Woods	10 Iowa City West	J14-09.00	
13 Savannah Meyne	11 Central DeWitt	14-07.00	
14 Aliyah Johnson	10 Dubuque Senior	14-06.00	
15 Ella Blinkinsop	9 Camanche	14-05.00	

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15 Jada Murphy	12 Iowa City-Li	14-05.00
15 Celestina Nuro-Gyina	10 Iowa City West	14-05.00
15 Bailey Tonn	12 Dubuque Hempstead	14-05.00
19 Brooke Hanson	11 Dubuque Hemp	14-03.00
20 Gretchen Gehrls	12 Linn Mar	14-02.00
21 Megan Sautter	9 Western Dubuque	14-01.00
22 Sydney Carsello	9 Linn MarJV	13-11.00
22 Mariah Clay	11 Dubuque Senior	13-11.00
24 Natalie Ulrichs	10 Western Dubuque	13-07.00
25 Carlee Traywick	11 Cedar Rapids	13-06.00
25 Danika Dodson	10 Camanche	13-06.00
27 Megan Hill	11 Clinton	13-05.00
28 Kelsie Minkie	10 Dakota	13-04.00
29 Aisley Foster	9 Solon	13-02.00
29 Franny Heiberger	9 Western Dubuque	13-02.00
31 Alivia Myhre	10 Keokuk	13-01.00
32 Lanee Comer	11 Cedar Rapids	12-11.00
33 Skylynn Reding	12 Dubuque Hemp	12-07.00
34 Taylor Brunson	9 Linn Mar	12-06.00
35 Kayla Winders	11 Dubuque Senior	12-04.00
36 Pacience Dixon	10 Cedar Rapids	12-03.00
37 Keely Walton	10 Linn MarJV	12-01.00
38 Lauren Klauer	10 Dubuque Hemp	11-09.00
38 Jaynie Mottinger	9 Solon	11-09.00
-- Emy Seeser	11 Camanche	ND
-- Gennah Sanchez	12 Linn MarJV	ND

Girls Shot Put Varsity

Name	Year School	Finals	H#	Points
1 Salima Omari	12 Iowa City West	38-00.00	3	10
2 Kimberly Powell	12 Clinton	37-04.50	3	8
3 Ariannah Sonii	10 Iowa City West	37-01.00	3	6
4 Madison Maahs	10 Western Dubuque	35-09.00	3	5
5 Rose Jean	11 Cedar Rapids	34-09.00	1	4
6 Taryn Penney	10 Western Dubuque JV	34-04.00	2	3
7 Jo Kortenkamp	12 Maquoketa	33-10.00	2	2
8 Ava Conrad	11 Solon	33-07.00	3	1
9 Sydney McCarron	11 Keokuk	33-02.00	3	
10 Maggie Borota	12 Central DeWitt	32-01.00	3	
11 Hayleigh Culbertson	12 Dubuque Senior	31-05.00	2	
12 Kennedy Evans	9 Linn Mar	31-02.50	2	
13 Phoebe Burt	11 Iowa City West	31-00.00	3	
14 Abby Beal	10 Camanche	30-10.00	2	
15 Baylee McEntee	10 Keokuk	30-09.00	3	
16 Nola Murhammer	12 Regina	30-01.50	3	
17 Ali House	10 Clinton	30-01.00	3	
18 Allison Kenneavy	10 Camanche	30-00.00	2	

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....Girls Shot Put Varsity

18 Addie Huehnergarth	12 Western Dubuque	30-00.00	3
20 Alexa Clay	12 Clinton	29-05.00	3
20 Maggie Gassman	10 Western Dubuque JV	29-05.00	2
22 Miranda Jones	11 Iowa City-Li	29-04.00	3
22 Darya Acas	10 Iowa City-Li	29-04.00	3
24 Abigail Kluesner	11 Western Dubuque	28-11.00	2
25 Elly Holubar	10 Solon	28-06.00	2
26 Breen Duffy	10 Dubuque Senior	28-01.00	2
27 Lauryn Sutherland	10 Dakota	27-11.00	2
28 Mykenah Gorkow-Mitchell	12 Linn Mar	27-10.00	2
29 Alyssa Westhoff	9 Dubuque Hempstead	27-07.00	1
30 Shelby Krogman	10 Western Dubuque JV	27-03.00	2
31 Anna Deam	10 Cedar Rapids	27-01.00	1
32 Claire Kuehl	11 Central DeWitt	26-11.00	1
32 Zoe Kennedy	9 Linn MarJV	26-11.00	1
34 Rejusha Kuan	10 Maquoketa	26-07.00	2
35 Emma Panther	11 Regina	25-10.00	1
36 Delaney Pattison	10 Solon	24-05.00	1
37 Natalie Prohaska	10 Cedar Rapids	23-10.00	1
38 Bre White	9 Regina	23-02.00	1
39 Roban Worrick	12 Central DeWitt	22-06.50	1
40 Amanda Charlton	12 Linn MarJV	21-10.00	1
41 Abby Cline	11 Dakota	21-01.00	1
42 Emily Mueller	11 Dubuque Hempstead	20-09.00	2
43 Athena Lueken	11 Dubuque Senior	18-01.00	1

Girls 55 Meter Dash Junior Varsity

Name	Year	School	Finals	H#	Points
1 Kialah Hill	9	Dubuque Hempstead	8.09	7	10
2 Olivia Lewis	9	Dubuque Hempstead	8.24	7	8
3 Bella Feaker	10	Solon	8.25	6	6
4 Kayla Krogman	9	Clinton	8.32	4	5
5 Aleah Rees	11	Iowa City-Li	8.38	1	4
6 Franny Heiberger	9	Western Dubuque JV	8.39	5	3
7 Jada Simmons	10	Linn Mar	8.41	4	2 8.406
8 Zoey Kubik	9	Linn MarJV	8.41	3	1 8.409
9 Taylor Stuecker	10	Linn MarJV	8.42	3	
10 Alea Elenz	9	Dubuque Hempstead	8.55	7	8.545
11 Carley Hefel	9	Dubuque Senior	8.55	1	8.547
12 Brynne Nock	10	Iowa City West	8.62	7	
13 Khyllie Dodson	9	Keokuk	8.66	6	
14 Waad Ibrahim	9	Iowa City West	8.70	7	
15 Lindsey Winkle	9	Linn MarJV	8.71	4	8.702
16 Isabel Jimenez	11	Iowa City-Li	8.71	1	8.704
17 Latecia Bolumbu	10	Cedar Rapids	8.73	2	
18 Chloe Rausch	12	Linn MarJV	8.74	3	8.731
18 Katie Delcorso	9	Pleasant Valley	8.74	7	8.731

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20	Zoe Hazen	10	Clinton	8.76	3	
21	Lauren Benter	11	Linn Mar	8.81	6	
22	Bridgette Hundley	10	Camanche	8.86	5	
23	Alexandra Hurtado	11	Pleasant Valley	8.90	4	
24	Aseneta Oliver	10	Regina	8.91	2	
25	Besala Bolumbu	10	Cedar Rapids	8.92	2	
26	Paige Kruse	9	Western Dubuque	8.97	5	
27	Chloe Ostwinkle	9	Western Dubuque	8.98	5	
28	Erin Vincel	12	Pleasant Valley	9.04	5	
29	Megan Lindsley	10	Central DeWitt	9.05	5	
30	Natalie March	10	Western Dubuque JV	9.11	3	
31	Egypt Hicks	11	Iowa City West	9.14	7	
32	Kylee Penticoff	10	Dakota	9.17	2	
33	Addie Feldmann	9	Western Dubuque JV	9.21	4	9.202
34	Violet Burns	9	Solon	9.21	5	9.208
35	Haley Jellison	10	Dubuque Hemp	9.23	1	
36	Alexsys Scheeper	9	Central DeWitt	9.28	4	
37	Morgan Richard	11	Solon	9.37	5	
38	Kaylie Cargill	9	Central DeWitt	9.38	4	
39	Christelle Tungu	11	Regina	9.54	2	
40	Hannah Schaul	11	Dubuque Hemp	9.55	3	
41	Larissa Fultner	9	Maquoketa	9.56	6	
42	Emily Kloft	9	Maquoketa	9.57	6	
43	Heloisa Teixeira	9	Regina	9.72	2	
44	Kyley Cardoza	10	Dakota	9.83	1	9.824
45	Addison Linville	9	Camanche	9.83	3	9.829
46	Elizabeth Sheets	9	Maquoketa	9.88	6	
47	Chelsea Andersen	10	Camanche	9.95	3	
48	Courtney Hefel	9	Dubuque Senior	10.22	2	
49	Sophia Sutter	11	Dubuque Hemp	10.44	1	
50	Mia Dauphin	9	Dakota	10.85	1	

Girls 1500 Meter Run Junior Varsity

Name	Year	School	Finals	Points	
1	Sara Alaya	10	Iowa City West	5:38.70	10
2	Evelyn Jenkins	11	Dubuque Senior	5:51.15	8
3	Bethany Northrup	9	Linn Mar	5:52.91	6
4	Caylie Kosanke	10	Dubuque Senior	5:55.28	5
5	Ashley Lindquist	10	Pleasant Valley	5:56.02	4
6	Brianna Newton	10	Iowa City West	5:56.08	3
7	Joyce Toingar	10	Linn MarJV	6:04.82	2
8	Olivia Genskow	12	Linn Mar	6:15.76	1
9	Ali Mamros	11	Pleasant Valley	6:16.83	
10	Ravae Ball	9	Camanche	6:18.83	
11	Samantha Schildroth	10	Iowa City-Li	6:19.06	
12	Megan Bumpus	9	Cedar Rapids	6:25.39	
13	Grace Ceynar	10	Iowa City-Li	6:45.13	

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....Girls 1500 Meter Run Junior Varsity

14 Zoey Tiefenthaler 9 Central DeWitt 7:03.16

Girls 4x200 Meter Relay Junior Varsity

School	Finals	H#	Points
1 Linn Mar	1:56.42	4	10
1) Kasey Shanahan 11	2) Alexa Hubler 10		
3) Meliah Hanna 11	4) Ameriz Nielsen 9		
2 Cedar Rapids Jefferson	1:57.04	1	8
1) Desiree McDonald 9	2) Dianne Augustin 9		
3) Erika Brokovich 9	4) Allison Kingus 9		
3 Dubuque Hempstead	1:59.29	4	6
1) Ella Heim 11	2) Bailey Tonn 12		
3) Grace Becker 11	4) Emily Klein 10		
4 Solon	2:01.67	4	5
1) Monet Barnhouse 11	2) Peyton Sands 12		
3) Addie McQuinn 9	4) Jada Buffington 10		
5 Clinton	2:02.00	2	4
1) Larkin Houzenga 11	2) Emma Milder 10		
3) Tess Ferguson 9	4) Rylee Wisor 9		
6 Iowa City West	2:02.30	3	3
1) Helen Kearney 9	2) Alexis Njoroge 11		
3) Hebah War 9	4) Stephanie Nuro-Gyina 9		
7 Iowa City-Liberty High	2:02.41	3	2
1) Gabby Schroeder 10	2) Abigail Janik 9		
3) Hannah Vogts 11	4) Ava Fort 10		
8 Linn MarJV	2:03.47	3	1
1) Taylor Stuecker 10	2) Avery Edwards 10		
3) Rachel Hamling 10	4) Katy Hand 9		
9 Western Dubuque	2:04.05	3	
1) Anna Haverland 9	2) Ashley Auderer 11		
3) Natalie Leisen 9	4) Taylor Freiburger 10		
10 Central DeWitt	2:07.66	2	
1) Lynden Zevenbergen 9	2) Soren Maricle 9		
3) Megan Lindsley 10	4) Keeley Jansen 10		
11 Regina	2:07.97	3	
1) Berlyn O'Connor 9	2) Cindy Liu 11		
3) Natalie Franklin 10	4) Abby Clark 11		
12 Western Dubuque JV	2:08.94	2	
1) Addie Feldmann 9	2) Natalie March 10		
3) Franny Heiberger 9	4) Chloe Ostwinkle 9		
13 Dubuque Senior	2:10.08	3	
1) Taylor Kremer 12	2) Alex Bode 9		
3) Abigail Davis 9	4) Destiny Wright 9		
14 Camanche	2:10.81	2	
1) Rubie Blinkinsop 10	2) Grace Nauman 9		
3) Danika Dodson 10	4) Ella Blinkinsop 9		
15 Cedar Rapids Jefferson JV	2:11.14	1	

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....Girls 4x200 Meter Relay Junior Varsity

1) Kylie May 9	2) Lydia Cassell 9		
3) Pendeza Budederi 11	4) Besala Bolumbu 10		
16 Pleasant Valley		2:12.02	4
1) Maddie Glaus 9	2) Malayna Albertson 9		
3) Grace Sherman 9	4) Anna Bolin 10		
17 Dakota		2:18.32	4
1) Maddie R. White 11	2) Lexi Evenson 12		
3) Kylee Cardoza 10	4) Kylee Penticoff 10		
18 Maquoketa		2:23.27	1
1) Emily Kloft 9	2) Larissa Fultner 9		
3) Paige Wiese 9	4) Elizabeth Sheets 9		
-- Dubuque Hempstead JV		DQ	4
1) Kamille Berns 10	2) Brooke Hanson 11		
3) Skylynn Reding 12	4) Laney Breiner 10		

Girls 4x400 Meter Relay Junior Varsity

School	Finals	H#	Points
1 Solon	4:30.87	3	10
1) Khaylor Fleck 12	2) Ashley Stinocher 11		
3) Adelyn Leichtman 9	4) Addie McQuinn 9		
2 Iowa City West	4:44.63	3	8
1) Tionna Slater 11	2) Payton DeVena 10		
3) Paige Albright 9	4) Vicki Carrica 9		
3 Regina	4:45.01	2	6
1) Natalie Franklin 10	2) Baylee O'Connor 11		
3) Courtney Kessler 9	4) Josie Voss 10		
4 Dubuque Senior	4:50.07	3	5
1) Emma Ward 9	2) Adrey Schumacher 10		
3) Myrissa McGrane 9	4) Julia Howes 11		
5 Linn Mar	4:52.85	3	4
1) Haley Hartshorne 11	2) Tera Thompson 10		
3) Sydney Carsello 9	4) Erika Wagner 10		
6 Cedar Rapids Jefferson	4:54.32	2	3
1) Desiree McDonald 9	2) Allison Kingus 9		
3) Kylie May 9	4) Dianne Augustin 9		
7 Clinton	4:56.17	2	2
1) Molly Shannon 11	2) Avery Dohrn 9		
3) Haley Kyle 12	4) Kaedyn Schutte 11		
8 Pleasant Valley	4:56.59	2	1
1) Avery Menke 9	2) Lauren McGovern 10		
3) Alexa Mueller 9	4) Laila Whitfield 9		
9 Linn MarJV	4:57.38	2	
1) Jamison Feldman 12	2) Colette Carroll 9		
3) Sarah Winkle 9	4) Isabel Van Druten 9		
10 Western Dubuque JV	4:57.87	2	
1) Megan Sautter 9	2) Isabella Graber 9		
3) Isabel Ernzen 9	4) Kayle Tegeler 9		

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11 Western Dubuque	4:58.55	3
1) Ella Schindler 11	2) Natalie Leisen 9	
3) Ashley Auderer 11	4) Erica Ernzen 9	
12 Iowa City-Liberty High	5:02.48	3
1) Jenna Uden 10	2) Dazzia Caston-Gonzalez 11	
3) Bernice Ishimwe 10	4) Aleah Rees 11	
13 Central DeWitt	5:29.04	1
1) Kylie Schmidt 10	2) Kennady Donovan 9	
3) Grace Mosier 10	4) Emma Randel 9	
14 Camanche	5:33.00	1
1) Camryn Saxon 10	2) Danika Dodson 10	
3) Marissa Montgomery 9	4) Kirstin Johnson 9	
15 Cedar Rapids Jefferson JV	6:00.88	1
1) Nahya Michel 10	2) Pacience Dixon 10	
3) Latecia Bolumbu 10	4) Besala Bolumbu 10	

Girls 4x800 Meter Relay Junior Varsity

School	Finals	Points
1 Iowa City West	10:52.73	10
1) Emma Kearney 11	2) Kaisa Whittaker 11	
3) Brianna Newton 10	4) Sara Alaya 10	
2 Dubuque Senior	11:07.97	8
1) Elise Hallstoos 10	2) Estella Brown 9	
3) Georgia Harms 9	4) Lucy TompkinsGaroutte 10	
3 Solon	11:40.79	6
1) Mary Fiala 9	2) Kerrigan Lyons 9	
3) Grace Fiala 9	4) Morgan Link 9	
4 Linn MarJV	11:53.66	5
1) Ava Kline 9	2) Stacia Drey 11	
3) Elise Cagnard 12	4) Mika Ndikumana 11	
5 Western Dubuque	12:03.76	4
1) Lilly Boge 10	2) Kylie Nauman 9	
3) Emi Deutmeyer 9	4) Isabella Graber 9	
6 Pleasant Valley	12:04.87	3
1) Beatrice Sears 10	2) Anna Reither 9	
3) Jordyn Drish 9	4) Desi Drieling 9	
7 Iowa City-Liberty High	12:22.84	2
1) Malia Taylor 9	2) Grace Ceynar 10	
3) Emma Palmer 11	4) Samantha Schildroth 10	
8 Dubuque Hempstead JV	12:23.97	1
1) Anna Besler 9	2) Sydney Block 9	
3) Amber Loney 11	4) Samantha Birkett 11	
9 Camanche	12:45.38	
1) Kamilla Jacobo 10	2) Marissa Montgomery 9	
3) Ravae Ball 9	4) Markee Low 12	
10 Central DeWitt	12:47.43	
1) Kyleen Irwin 12	2) Alina Manvelova 12	

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....Girls 4x800 Meter Relay Junior Varsity

3) Hannah Sunday 9	4) Kate Kuehl 9	
11 Dubuque Hempstead		12:57.71
1) Cecelia Darter 10	2) Emily Onken 10	
3) Ava Bergquist 10	4) Samantha Schmitt 10	

Girls High Jump Junior Varsity

Name	Year	School	Finals	Points
1 Soren Maricle	9	Central DeWitt	5-00.00	10
2 Khushi Mehta	9	Pleasant Valley	4-08.00	8
3 Malayna Albertson	9	Pleasant Valley	4-06.00	6
4 Waad Ibrahim	9	Iowa City West	4-04.00	4.50
4 Grace Sherman	9	Pleasant Valley	4-04.00	4.50
6 Kirstin Johnson	9	Camanche	J4-04.00	3
7 Sarah Winkle	9	Linn MarJV	J4-04.00	2
8 Ava Fort	10	Iowa City-Li	4-02.00	1
9 Avery Edwards	10	Linn MarJV	J4-02.00	
10 Christella Luyeye	11	Iowa City-Li	4-00.00	
10 Molly Chmelicek	12	Linn Mar	4-00.00	
10 Meliah Hanna	11	Linn Mar	4-00.00	
10 Riley Cronin	9	Linn MarJV	4-00.00	
10 Lynden Zevenbergen	9	Central DeWitt	4-00.00	
-- Doroteya Kiza	11	Iowa City West		NH
-- Chloe Rausch	12	Linn Mar		NH

Girls Long Jump Junior Varsity

Name	Year	School	Finals	Points
1 Tremeice Carter	10	Iowa City West	15-02.00	10
2 Kaliyah Johnson	11	Dubuque Senior	14-10.00	8
3 Erica Ernzen	9	Western Dubuque	14-08.00	6
4 Kaitlin Lamkins	11	Iowa City West	14-07.00	5
5 Sam McPherson	12	Iowa City-Li	13-11.00	4
6 Karly Cuzas	9	Dubuque Hemp	13-09.00	3
7 Erika Brokovich	9	Cedar Rapids	13-07.00	2
8 Casey Besse	12	Dakota	13-03.00	1
9 Malia Sims	9	Maquoketa	13-02.00	
9 Belin Seminario	11	Linn Mar	13-02.00	
11 Rachel Henry	11	Dubuque Hempstead	12-10.00	
12 Jenna Uden	10	Iowa City-Li	12-07.00	
13 Natalie Leisen	9	Western Dubuque	12-05.00	
14 Kaedyn Schutte	11	Clinton	12-02.00	
15 Dani Kurth	9	Dubuque Hemp	11-09.00	
16 Marlie Lemke	9	Maquoketa	11-08.00	
16 Lauren Kovar	10	Dubuque Hempstead	11-08.00	
18 Kayla Krogman	9	Clinton	11-05.00	
19 Ceara Grinnall	10	Clinton	11-04.00	

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20 Riley Cronin	9 Linn MarJV	10-10.00
21 Rylee Carel-Reid	9 Keokuk	10-07.00
22 Brianna Zweibohmer	11 Dubuque Hempstead	10-02.00
-- Isabel Ernzen	9 Western Dubuque	ND
-- Princess Brown	11 Linn Mar	ND
-- Jennifer Villanueva	11 Dubuque Hemp	ND
-- Mika Ndikumana	11 Linn MarJV	ND
-- Bena Kariuki	10 Iowa City West	ND

Girls Shot Put Junior Varsity

Name	Year	School	Finals	H#	Points
1 Lexi Nash	9	Iowa City West	30-10.00	3	10
2 Neeshy Byrd	12	Iowa City-Li	30-09.00	3	8
3 Maci Cook	9	Western Dubuque	30-06.00	2	6
4 Lauren Gorsich	11	Linn Mar	27-11.00	1	5
5 Madeline Harbaugh	11	Western Dubuque JV	27-05.00	3	4
6 Jayden Steuer	10	Dubuque Senior	27-03.50	2	3
7 Emma Kizer	12	Central DeWitt	27-02.00	3	2
8 Leah Gorsich	11	Linn Mar	26-08.00	1	1
9 Gracee Hermsen	10	Western Dubuque	26-06.00	3	
10 Ava Bradley	12	Dubuque Senior	26-00.00	2	
11 Sylene Brizard	9	Linn MarJV	25-01.00	2	
12 LeaAnn Goldensoph	12	Central DeWitt	24-11.00	2	
13 Brianna Harwick	9	Maquoketa	24-07.00	3	
13 Jocelyn Bielenberg	9	Clinton	24-07.00	1	
15 Veronica Ramirez	9	Clinton	24-05.00	1	
16 Hannah Vogts	11	Iowa City-Li	23-08.00	1	
17 Lexi Cabrera	10	Central DeWitt	23-06.00	2	
18 Ali Sisler	11	Dubuque Senior	23-03.00	2	
19 Sophia Deyak	9	Iowa City West	23-02.00	3	
20 Jakalya Lee	9	Clinton	22-08.00	1	
21 Maddie K. White	10	Dakota	22-05.00	2	
22 Abigail Janeliunas	9	Western Dubuque	22-01.00	2	
23 Claire Ladage	9	Solon	21-07.00	3	
24 Lexi Kramer	11	Western Dubuque JV	21-02.00	2	
25 Nkasa Bolumbu	11	Cedar Rapids	20-09.00	1	
26 Jenna Alden	9	Iowa City West	17-07.00	3	
27 Elleanna Desollar	9	Western Dubuque JV	17-04.00	2	
28 Michaella Octeus	10	Cedar Rapids	17-02.00	1	
29 Mia Dauphin	9	Dakota	14-02.00	1	

Women - Varsity - Team Rankings - 11 Events Scored

1) Linn Mar	70	2) Iowa City West	58
3) Iowa City-Liberty High	49	4) Solon	40.50
5) Dubuque Hempstead	32	6) Dubuque Senior	31
7) Western Dubuque	30	8) Keokuk	28

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9) Linn MarJV	17	10) Cedar Rapids Jefferson	16
11) Central DeWitt	13	12) Dakota	10
13) Pleasant Valley	8	13) Clinton	8
15) Dubuque Hempstead JV	5	16) Cedar Rapids Jefferson JV	4
17) Camanche	3.50	18) Western Dubuque JV	3
19) Maquoketa	2	20) Regina	1

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Women - Junior Varsity - Team Rankings - 8 Events Scored

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1) Iowa City West	63.50	2) Dubuque Senior	37
3) Linn Mar	29	4) Solon	27
5) Pleasant Valley	26.50	6) Dubuque Hempstead	24
7) Iowa City-Liberty High	21	8) Western Dubuque	16
9) Cedar Rapids Jefferson	13	10) Central DeWitt	12
11) Linn MarJV	11	11) Clinton	11
13) Western Dubuque JV	7	14) Regina	6
15) Dubuque Hempstead JV	4	16) Camanche	3
17) Dakota	1		

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Men - Varsity - Team Rankings - 11 Events Scored

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1) Prairie	77	2) Western Dubuque	65
3) Linn Mar	49	4) Iowa City-Liberty High	40
5) Dubuque Hempstead	37	6) Iowa City City High	36
7) Dubuque Senior	30	8) Bellevue	28
9) Cedar Rapids Jefferson	19	10) Dubuque Senior JV	13
11) Western Dubuque JV	11	12) Iowa City City JV	10
13) Central DeWitt	6	14) Cascade	4
14) Wahlert Catholic	4		

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Men - Junior Varsity - Team Rankings - 8 Events Scored

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1) Prairie	82	2) Iowa City-Liberty High	62
3) Dubuque Hempstead	33	4) Iowa City City High	18
5) Cedar Rapids Jefferson	16	6) Linn Mar	15
7) Bellevue	14	8) Western Dubuque JV	13
9) Dubuque Senior JV	10	9) Linn MarJV	10
11) Western Dubuque	9	12) Maquoketa	7
12) Dubuque Senior	7	14) Iowa City City JV	4
15) Camanche	3	15) Wahlert Catholic	3
17) Cedar Rapids Jefferson JV	2	18) Central DeWitt	1